

Tissues of Body : Unit 2

• Tissue is a group of similar cells, usually with similar origin that is specialised for particular function.

- Classification of body tissues :
 - epithelial
 - connective
 - muscular
 - Nervous

⇒ Epithelial ^{Tissue} ~~cells~~ :

- Epithelial tissue forms the innermost & outermost surfaces of body structures & forms glands.
- Epithelium consists of cells with little extracellular material.
- Epithelium is arranged in sheets & attached to basement membrane.

- Epithelial layers can be - simple (one layer)
 - stratified (several layers)

- These cell shapes may be -
- squamous (flat)
 - cuboidal (cube like)
 - columnar (rectangular)

simple squamous epithelium is found parts where filtration & diffusion are pre-dominant

simple cuboidal epithelium functions in secretions & absorption.

Non-ciliated simple columnar epithelium lines most of GI tract. cells containing microvilli perform absorption, goblet cells secrete mucus.

ciliated simple columnar epithelium found in few parts of upper respiratory tract. cells containing

- stratified squamous epithelium has non-keratinized that lines the mouth, keratinized variety forms epidermis of skin.
- stratified cuboidal epithelium found in sweat glands & a portion of male urethra
- stratified columnar epithelium is found in portion of male urethra.
- A gland is single cell or group of epithelial cells adapted for secretion
- Endocrine glands secrete hormones into interstitial fluid & into the blood
- Exocrine glands secrete hormones into ducts.

• Connective Tissues :

- It is most abundant body tissue
- Fibres provide strength & support
- They are of 3 types :
 - collagen fibres
 - elastic fibres
 - reticular fibres
- collagen fibres are found in bone, tendons & ligaments
- Elastic fibres are found in skin, blood vessels & lungs
- Reticular fibres found around fat cells, nerve fibres & skeletal & smooth muscle cells.
- Connective tissue divided into several types : loose or dense connective tissue, cartilage, bone tissue & liquid connective tissues.
- Loose connective tissue includes areolar connective tissue, adipose tissue & reticular connective tissue
- areolar connective tissue is found in subcutaneous layer, in mucous membrane & around blood vessels, nerves & body organ.

- Adipose Tissue consists of adipocytes (stores fat) & is found in subcutaneous layer & in yellow bone marrow.
- Bone Adipose Tissue (BAT) generates heat
- Reticular connective Tissue is found in liver, spleen & lymph nodes
- Dense connective Tissue includes dense regular & dense irregular connective tissues & elastic connective tissue.
- ~~Dense~~ Elastic connective tissue is found in walls of large arteries, lungs, trachea & brachial tubes.

→ Cartilages

- cartilages contains collagen & elastic fibres
- Hyaline cartilage is found in ends of bones in nose & in respiratory structures
- Hyaline cartilage is flexible, allows movement & provide support
- Fibro cartilage in symphysis pubis, intervertebral disc, knee joint
- Elastic cartilage in epiglottis, auditory tubes & external ear contains thread like elastic fibres.
- cartilage enlarges by interstitial growth

→ Bones :

- Bone consists of matrix of mineral salts & collagen fibres that contribute to hardness of bone.
- Osteocytes that are located in lacunae.
- It supports, protects, provides a surface area of muscle attachment, helps provide movement.

→ Liquid connective Tissues :

- Blood consists of blood plasma & formed elements.
- Blood cells transport O_2 & CO_2 , carry on phagocytosis, provide immunity & blood clotting.
- Lymph (extra-cellular fluid flowing in lymphatic vessels) consists of a clear fluid similar to blood plasma.

* Body Cavities :

- Body cavities are spaces within the body that help protect, separate and support internal organs.
- Bones, muscles, ligaments & other structures separate the various body cavities from one another.

1.) Cranial cavity :

- It is formed by cranial bones & contains brain.

2.) Vertebral cavity :

- It is formed by vertebral column & contains spinal cord & the beginning of spinal nerves.
- There are 3 protective layers or meninges like the cranial cavity & vertebral cavity.

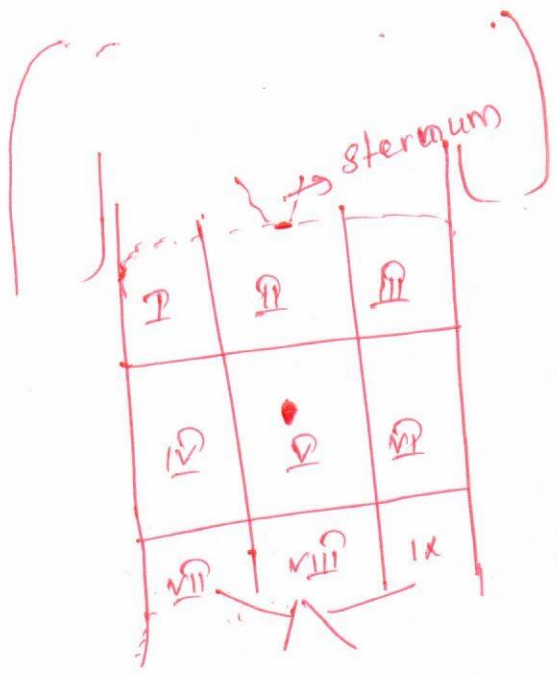
3.) Thoracic cavity :

- It is formed by ribs, the muscles of chest, sternum & thoracic portion of vertebral column.
- It contains pleural & pericardial cavities & mediastinum.

4.) Abdomino-pelvic cavity :

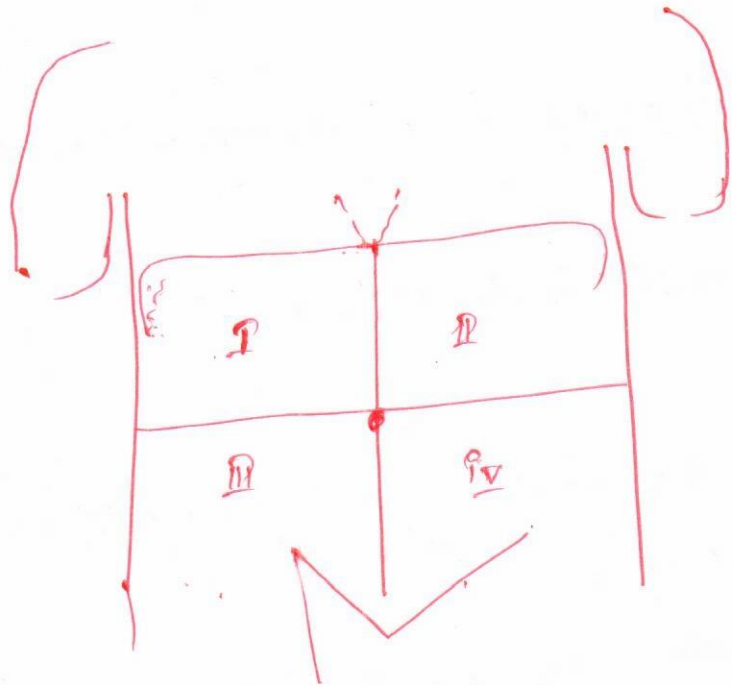
- It extends from diaphragm to the groin & is enclosed by abdominal wall, the bones & the muscles.
- Abdominal cavity : - It contains stomach, spleen, liver, gall bladder, small intestine & large portion of large intestine.
- Pelvic cavity : It contains urinary bladder, portions of large intestine & internal organs of reproductive organs.
- organs inside thoracic & abdomino-pelvic cavities is known as viscera.

* Abdomino-pelvic regions & Quadrants



- I : right hypochondriac region
- II : epigastric region.
- III : Left hypochondriac region
- IV : Right lumbar region
- V : umbilical region
- VI : Left lumbar region
- VII : Right iliac region
- VIII : Hypogastric region
- IX : Left iliac region.

Fig: Abdomino pelvic regions



- I = Right upper quadrant [RUQ]
- II = Left upper quadrant [LUQ]
- III = Right lower quadrant [RLQ]
- IV = Left lower quadrant [LLQ]

Fig: Abdomino pelvic Quadrants