

# Health Care Services In India

Questions which are important :-

- ① Describe different approaches to provide Health care!
- ② Enlist various elements of Primary Health care.
- ③ Briefly describe principles of primary Health care.
- ④ Account of National Health problems.
- ⑤ Write an account of management sectors of Health care system.
- ⑥ Activity of only five voluntary Health Agencies in India.
- ⑦ Enlist various services provided by Community Health Nurses. Describe the preventive services provided by them.

## Health Care System:-

Health Services are usually Needs of the person or Community are catered by the carefully planned & scheduled Health Services by a fine blend of the available Knowledge & Resources.

## Levels of Health Care:-

Primary, Secondary, Tertiary.

### Primary:-

This is the first level of contact b/w the individual & the Health System where essential Health care is provided. This level of care is closest to the people.

In Indian context, this care is provided by the primary Health system where essential Health care is provided & their sub centres with Community participation.

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## Secondary Health Care:-

- o At this level, more complex problems are dealt with.
- o This care comprises essentially curative services & is provided by the district hospital & community health centers.
- o This level services as the first referral level in the health system.

## Tertiary Health Care:-

This level offers specialist care. This care is provided by the regional or central level institutions. Ex. Medical college hospitals.

In addition, the tertiary level supports & complements the actions carried out at the primary level.

## Elements of Primary Health Care:-

- o Provision of essential drugs
- o Appropriate treatment to common disease & injuries
- o Prevention & control of locally endemic diseases.
- o Immunization
- o Health education regarding health problems & its prevention & control measures.
- o Promotion of food supply & proper nutrition.
- o An adequate supply of safe water & basic sanitation.
- o Maternal & child health care including family planning

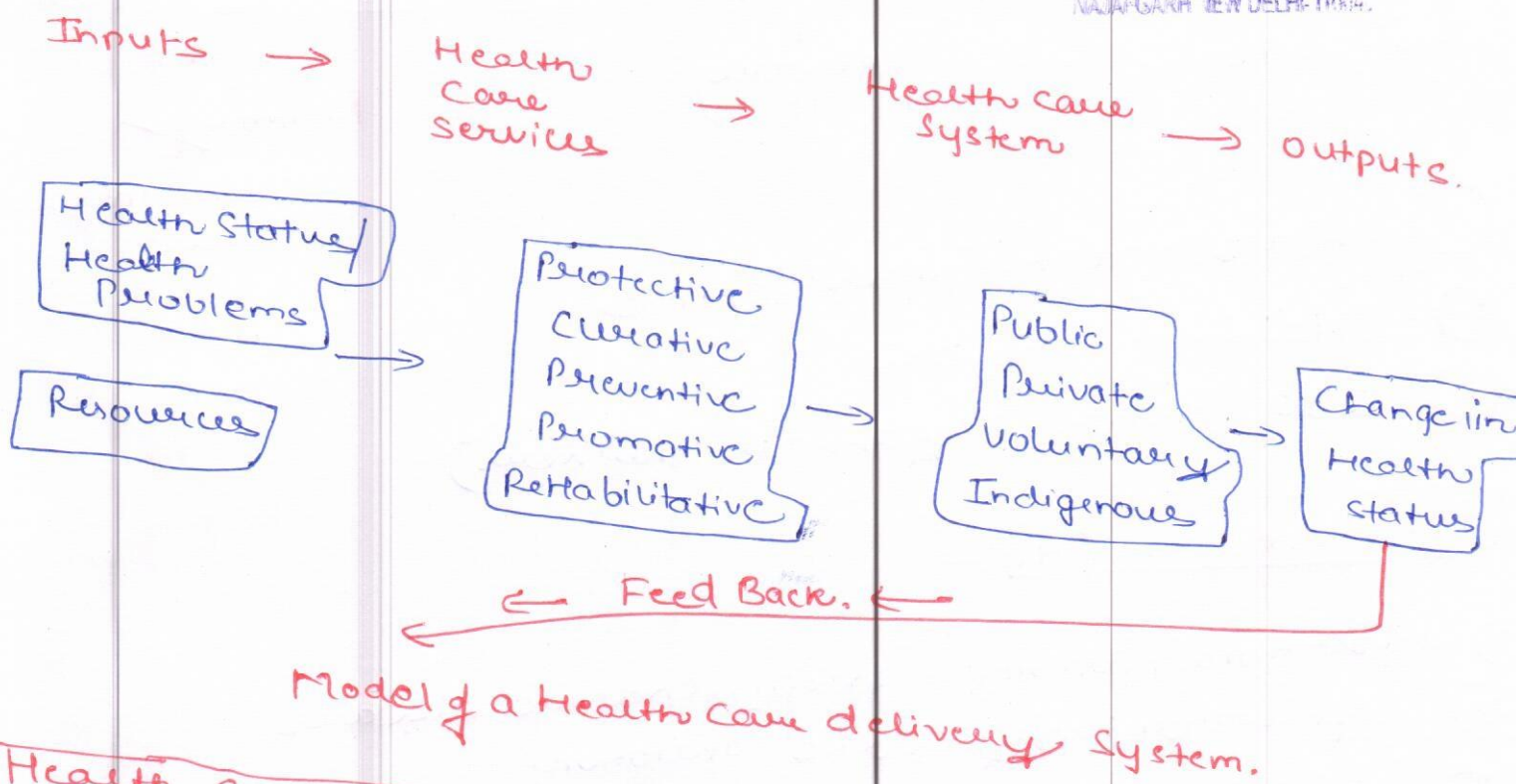
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## Principles of Primary Health Care:-

- o Equitable distribution
- o Community participation
- o Intersectoral co-ordination
- o Appropriate technology.

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## Health Care Delivery System



## Health Care Model :-

Health Status or Health problems represents the Health Needs & Health have been chosen.

There are 5 National Health Problems :-

- ① Communicable disease problems
- ② Nutritional problems
- ③ Environmental Sanitation problems
- ④ Medical care problems
- ⑤ Population problems.

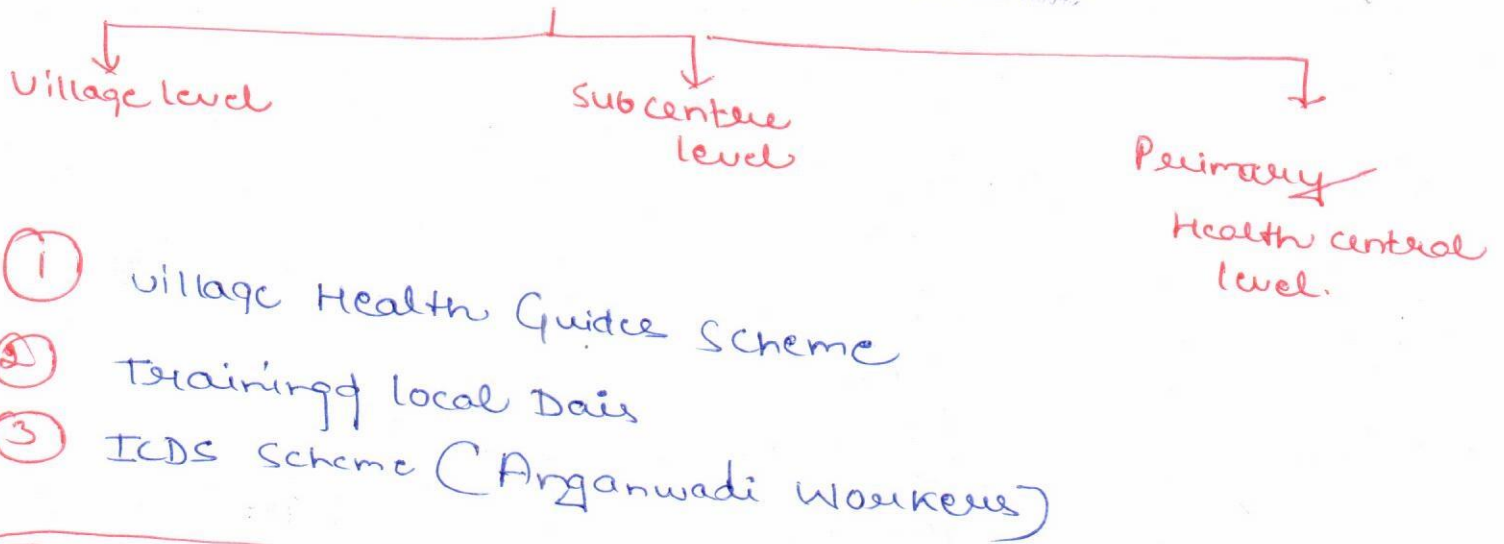
## Public Health Sector :-

### Primary Health Care in India :-

The Govt of India launched a Rural Health Scheme during 1974.

It is a three tier System of Health Care delivery in Rural areas based on the Recommendation of the Shrivastav Committee in 1975.

## Indira (Rural Health Scheme)



## Functions of the PHC:-

- 1) Prevention & Control of locally endemic disease
- 2) Safe water supply & basic sanitation
- 3) MCH including Family Planning
- 4) Medical care
- 5) Basic laboratory services
- 6) Collection & Reporting of vital statistics
- 7) Health education
- 8) National Health Programmes - as Relevant.
- 9) Referral services.
- 10) Training of community health team.

## Public Private Partnership

The Govt of India identified PPP as way of developing the country's infrastructure.

In the 1990's During India's first liberalisation wave, there were various attempts to promote PPPs.

## Core elements for PPP.

- Beneficence
- Autonomy
- Joint-ness
- Equity

## Challenges of PPP

- Regulatory environment
- Lack of information
- Project development
- Lack of institutional capacity
- Financial availability

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## PPP Model should be evaluated Based on:-

- 1 Effectiveness
- 2 The ability to meet program objectives.
- 3 Efficiency or the financial efficiency in transfer of ownership & associated risks.
- 4 Equity or the ability to accrue the benefits of the people program to the poor people.
- 5 Financial Sustainability or financial viability of the model.

## Voluntary Health Agencies In India

- 1 India Red cross society
- 2 Hind Kusht Nivaran Sangh.
- 3 Indian Council For child welfare
- 4 Tuberculosis Association of India
- 5 Bhaleat Swak Samaj
- 6 The central social welfare Board

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- (7) The Kasturba Memorial Fund
- (8) Family Planning Association of India.
- (9) All India Women's Conference
- (10) All India Blind Relief

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### Professional Bodies :-

- (1) The Indian Medical Association
- (2) All India Licentiate Association
- (3) The Trained Nurse Association of India
- (4) The Student Nurse Association of India
- (5) All India Dental Association

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