

Community Health Nursing (4<sup>th</sup> NM-3 years)  
(Assignment paper)

2011-20

- Q1 Explain the following topics in Brief (300 words)
- (i) United Nations Development Programme
  - (ii) The United Nations Educational, Scientific & Cultural Organization
  - (iii) Food & Agriculture Organisation
  - (iv) Nurse's Role in Family Welfare Programme.
  - (v) Give a classification of family planning methods in Male & Female
  - (vi) Enlist aim of family welfare
  - (vii) Discuss the factors affecting higher fertility in India & its implications.

Q2:- Write Note on following ways:-

- ① Determinants of fertility
- ② Benefits of fertility Regulation
- ③ Principles of fertility Regulation

Q3:- Enlist advantages of small family norms & importance of family planning in India.

Q4:- Describe NIDDCP / NIDCP & National T.B Control programme.

Q5:- National Programme for Prevention & Control of

Diabetes, CVD, & Stroke.

Q 6:- Enlist Major Health Problems in India.

Q 7:- Describe the **Rehabilitation** Services. Enlist areas of Specialty Rehabilitation.

Q 8:- Give a Brief description of Nursing aspects (Health care aspects) of old persons.

Q 9:- Enlist the components of School Health Programme. Also Enlist the Roles of Community Health Nurse in this programme.

Q 10:- write notes on the following

(a) RCH Phase I programme

(b) RCH Phase II programme.

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(GNM-242)

(History Taking format.)

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### Identification Data:-

Name:-

Age:-

Sex:-

Address:-

Occupation:-

Religion:-

Income:-

Informant:-

### 1) Presenting Chief Complaint

(with duration in chronological order, in patient's own words & informant's own words).

### 2) History of present illness.

Duration (days/weeks/months/years):

Mode of onset:- Abrupt / acute / subacute / insidious

Course:- continuous / episodic / fluctuating / deteriorating  
improving / unclear

Intensity:- same / increasing / decreasing

Precipitating factors:- yes/no, if yes explain.

### 3) Treatment History

→ Drug (Name of the drug, dose, Route, Side-effects)

→ GET:-

→ Psychotherapy

→ Family therapy

→ Rehabilitation

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### 4) Past Psychiatric & Medical History:-

o Complete or Incomplete Remission

o Treatment details & its side effects if any

o Treatment outcome

details of any precipitating factors if present.

## ⑥ Family History

- Description (describe each family members briefly age, education, occupation)
- Genograms

## ⑦ Personal History

### Perinatal history

Antenatal periods checkups  
Any complications.

:- Maternal infections

### Intrauterine period:-

Birth  
Birth cry  
Birth defects

Type of delivery

Post Natal complications.

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## Childhood History

Primary caregiver

Feeding :- Breastfed / Mode of feeding

Behaviour & emotional problems

Illness during childhood

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## Educational History

→ Age at beginning of formal education

→ Academic performance

→ Extracurricular with peers & teachers:-

School phobia:-

Look for conduct disorder → truancy

Reason for termination of studies:-

Reason for termination of studies.

### Play History

- Games played (at what stage with whom)
- Relationships with playmates.

### Emotional problems during adolescence

Running away from home / delinquency / smoking

### Puberty

- Age at appearance of secondary sexual characteristics
- Age at Menarche
- Anxiety Related to puberty changes
- Reaction to Menarche
- Regularity of cycles
- Abnormalities

### Obstetrical History

- LMP
- Number of children
- Any abnormalities associated with pregnancy
- Termination
- Miscarriage

### Occupational History

- Age of starting work
- Reason for change

### Sexual & Marital History

Genogram

Type of Marriage

Duration of Marriage

## Psychoid personality

- Interpersonal Relationship
- Family & Social Relationship
- Use of leisure time
- Predominant Mood
- Usual Reaction to stressful events
- Attitude to self & others
- Fantasy life
- Habits - Eating patterns  
Elimination  
Sleep  
Use of drug tobacco, alcohol.

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