

5-June-2020

(GNM 3<sup>rd</sup> yr.)

(Community Health Services) — Unit — 4

Community Health, implies in a broad sense, integration of curative, preventive, promotive, Maintenance & Rehabilitative services. Also Recently two concepts are included:-

- (i) Environmental Sanitation
- (ii) Control of infectious diseases

The emphasis in community health is on:-

- ① Community diagnosis
- ② Community treatment

The entire Community is regarded as a patient requiring community diagnosis & treatment. Focus of community health is on the

- Health Needs &
- Health problems of Community as a whole

Health Care Revolution

- ① History & development of community Health Nursing in India.
- ② H.F.A. By 2020. A.D Targets
- ③ Primary Health care (Main elements & principles)
- ④ Improvement of Health Infrastructure along with Money, material & time (Health Agencies, public & private). i.e Health care delivery Systems.
- ⑤ Health Manpower improve as per Needs.

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- 17) Maintenance of Basic Medical & Health Statistics.
- 18) Disaster Management
- 19) Care of Handicapped Children
- 20) Health planning & Management etc

**Reproductive & Child Health Programme**

**Reproductive Health & Child Care RCH**

Every aspect of Community Health Programme in India has marked effects on vulnerable age groups especially

- > Pregnant Mothers
- > Lactating Mothers
- > Infants
- > Children under 5 years of age

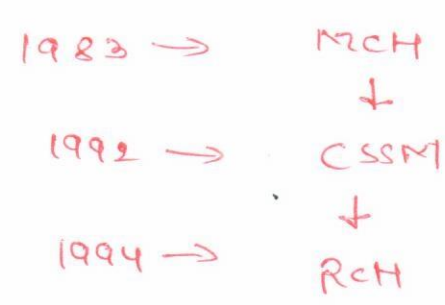
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1983: National Health Policy -> MCH & Family Welfare Services were integrated during this policy.

1992: Child Survival & Safe Motherhood Programme (CSSM) was launched on 20th August to meet the total Health Needs of both the Mother & the Child.

1994: CSSM was replaced by the RCH Programme

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Birth spacing

Components of mother & Child Health programme

Immunization

Acute Respiratory Infections

Anaemia prophylaxis

Oxaldehydration therapy

Prophylaxis against Vitamin A deficiency

RCH phases I programme

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It incorporated the components relating to child survival & safe motherhood & included 2- Additional components, one relating to sexually transmitted diseases (STD) & the other relating to Reproductive Trans Infection (RTI).

Family Planning

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RCH Package

Child Survival & Safe Motherhood Components

Client approach to Health care

Prevention/Management of RTI/STD, AIDS

Main Highlights of RCH programme:

- All interventions of fertility Regulation, Maternal & Child Health with Reproductive Health for both men & women.

→ The services to be provided are client-oriented, through decentralised participatory planning & target free approach.

→ The First Referral Units (FRUs) being set up at sub-district level provide comprehensive Emergency Obstetric & New Born care.

→ Facilities of obstetric care, FTP & IUD insertion in the PHC level are improved.

→ Specialist facilities for STD & RTI are available in all district hospitals.

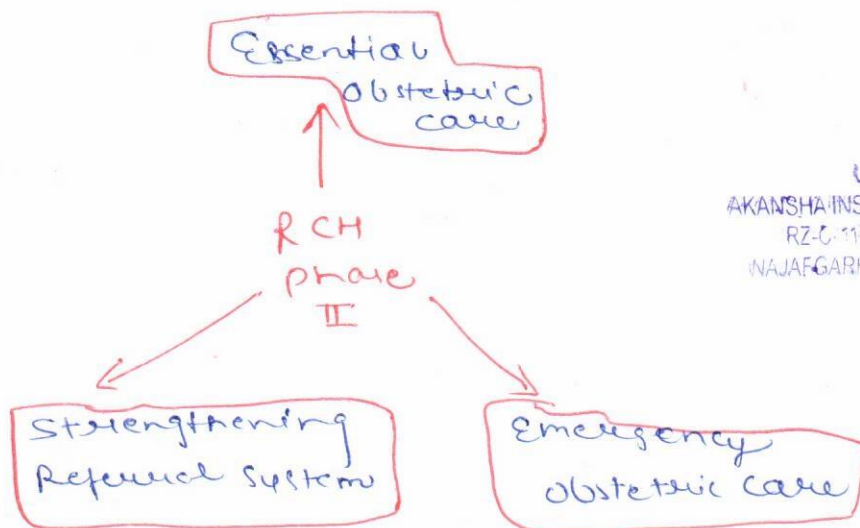
## RCH Programme Phase II

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It begun from 1st April, 2005

Main focus:-

To Reduce Maternal & child <sup>or</sup> morbidity & Mortality with emphasis on Rural Health care.



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## Essential obstetric care:-

(a) Institutional delivery:- Envisaged the PHCs & all the CH

would be Made operational as 24 Hour delivery centers.  
o PHCs & CHCs be Responsible for providing basic emergency  
obstetric care & essential Newborn care Round  
the clock.

### (B) Skilled attendance at delivery:

Globally Recognized Need to Reduce the Maternal &  
Mortality Rate.

#### Policy Decisions:-

ANMs (LHVs) / SNS are Now permitted to use drugs in  
specific emergency situations to Reduce Maternal  
Mortality.

### Emergency Obstetric care:-

The minimum services to be provided By a fully functional  
FRU are:-

- \* 24 Hour delivery service including Normal & assisted  
deliveries.
- \* Emergency obstetric care including Surgical interventions  
like Caesarian sections.
- \* Newborn care
- \* Emergency care of sick children
- \* Full range of family planning services including  
IUD services.
- \* Treatment of STI/RTI
- \* Blood Storage facility
- \* Essential laboratory services.

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\* Referral (transport) Service

\* Strengthening Referral System.

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These are three critical determinants of a facility being declared as a 'FRU' They are:-

- Availability of surgical interventions
- New born care
- Blood storage facility on 24 Hour basis.

### Reproductive & Child Health Care Programme

- ① Legal Abortion
- ② Meditation for Mental Peace & Do Antenatal Exercise
- ③ Maintain Breast Feeding check up (Regular)
- ④ Giving Health food
- ⑤ Read upto 10th class.
- ⑥ Health Education Regarding Family Planning
- ⑦ Distribute Ruler of Tencare Card.
- ⑧ Providing clean Room Delivery
- ⑨ Immunization
- ⑩ Neonatal Resuscitation
- ⑪ Providing Emergency obstetric care.

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