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ANM- (CH-7)

## Community Health Nursing

### ANM/CHN Chapter -7.

#### Dynamics of Community

Acc to Morris Ginsberg: "Social processes are the various modes of social interaction b/w individuals or groups including co-operation & conflict, social differentiation & integration, development arrest & decay".

#### Elements of Social Process

Sequence of events

↳ Repetition of events

↳ Relationship b/w events

↳ Continuity of events

↳ Special social results.

## Human Rights

- ① Individual :- apply to human persons
- ② Inalienable :- inherently inviolable
- ③ Fundamental :- Basic for human beings
- ④ Universal :- independent of time & space
- ⑤ Egalitarian :- equal treatment of all.
- ⑥ Regardless of collective status (e.g. ethnic, sexual, linguistic, or religious).

## Seven Fundamental Rights

- ① Right to Equality
- ② Right to Freedom
- ③ Right against Exploitation
- ④ Rights to Freedom of Religion
- ⑤ Cultural & Educational Rights
- ⑥ Rights to Constitutional Remedies
- ⑦ Right to privacy.

# The Economic & Social Principles of Directive

## Principles of state Policy

- ① Providing adequate means of livelihood for both men & women.
- ② Reorganizing the economic system in a way to avoid
- ③ Securing equal pay for equal work for both men & women.
- ④ Securing suitable employment & healthy working conditions for men, women & children.
- ⑤ Guarding the children against exploitation & moral degradation.
- ⑥ Making effective provisions for securing the right to work, education & public assistance in case of unemployment, old age, sickness & disablement.
- ⑦ Securing for all the workers | reasonable leisure & cultural opportunities.

## Stages of Socialization

- ① The oral stage
- ② Anal stage
- ③ Adolescence stage
- ④ Oedipal stage
- ⑤ Latency stage.

## Major Premises of Stratification

Power! - The ability to impose one's will on others



Prestige! - the respect given by others



Property! - Forms of wealth.

## Caste System

- ① Brahmins
- ② Kshatriyas
- ③ Vaisyas
- ④ Shudras

# Difference Btw caste & class

caste	class
① Basis of caste - birth	Basis of class - May be education, profession, Business or religions
② Profession - pre-determined	Profession - NOT pre-determined
③ closed category	open category
④ unchangeable	can be changed
⑤ Marriages occur within the caste	Freedom of Marriage in class.
⑥ Permanent	changes according to situation
⑦ Rule of stratification fixed	Rule of stratification are NOT fixed.

## Characteristics of Healthy Family

**Commitment** :- It is important that all members of a family are committed to the family & to one another.

**Time Together** :- Healthy families are the ones that spend time together.

**Communication** :- Involves listening to & supporting one another.

**Appreciation** :- Members of a family respect one another & appreciate what each member of the family contributes.

**Spirituality** :- Teach their children right from the start & present good examples of behaviour for their children. Also, important for parents to teach their children how to make moral choices for themselves as they mature.

## Coping Skills :-

Healthy families are able to deal with crisis situations that may occur.

## Stages of Family Life Cycle

### Stages of Formation :-

→ When young men & women marry to begin the formation of their family

**Stage of growth** :- when children are born & the family size increases.

### Stage of Retraction :-

• When children grow up & leave their family of origin to form their own

### Stages of Disintegration

• When the death of one or both parents disintegrates the family

## Types of Families

- ① Nuclear Family
- ② Single Parent Family
- ③ Extended Family
- ④ Childless Family
- ⑤ Step Family
- ⑥ Grandparent Family

## Marriage

Marriage is the legally or formally recognized union of two people as partners in a personal relationship.

## Characteristics of Marriage

- Universality :- Universal Institution
- Ownership :- Taking Responsibility
- Hope :- Believing that Good Ultimately Triumphs.

Empathy :- walking in your spouse's shoes

Forgiveness :- Healing the wounds

commitment :- Loving for life

### Types of Marriage :-

- ① Monogamy
- ② Polygamy
- ③ Polyandry
- ④ Endogamy
- ⑤ Marriage → exogamy
- ⑥ Hypergamy
- ⑦ Hypogamy or Pratiloma

### Problems Related to Marriage

- ① Lower status of women
- ② Dowry system
- ③ Caste & Social class Problems

- (4) Financial stress
- (5) Communication & Generation Gap
- (6) Marriage Maladjustment
- (7) Domestic Violence
- (8) Gender Inequality
- (9) Divorce

### Provisions of the Law

- (1) Prevention
- (2) Protection
- (3) Prosecution of offenders.

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