

Mon-22-2020

ANM 1st CHN Unit 2.

ANM-1 year (Community Health Nursing)

(Community Health Practices) Unit-2

(Health concepts of people)

(Community Health)

According to world Health organization Expert Committee :- Community Health refers to the Health status of the members of the community, to the problems affecting their Health & to totality of Health care provided for the community.

→ Community Health means providing primary Health facilities with the aim to achieve "Health for All".

Philosophy of Community Health

- ① Philosophy of the individual's Rights of being healthy.
- ② Philosophy of working together under a competent leader for the common good.
- ③ Philosophy that people in the community have potential for continued development & are capable of dealing with their own problems if educated & helped.
- ④ Philosophy of socialism.

Community Health Practice

→ Community Health practice is the application of Health process to prevent Diseases, promote Health process & efficiency & prolong life of people at large through organized community efforts.

→ It implies making systematic assessment & diagnosis of Health status of people & their problems, planning & implementing comprehensive Health care services for the entire community with their active-co-operation & participation.

Community Diagnosis

↓
Related to type of disease, various facts, collection of data, Health problems & Need of Community

Community Treatment

↓
Aims at fulfilling the Health Related Needs of society with the available Resources.

AIMS of Community Healthcare Services

To Reduce Morbidity, Mortality & Disability; improve Nutrition status & increase life expectancy at Birth.

Objectives of Community Health Practice

To increase capability of community to deal with their own health problems



To strengthen community resources



To control & counteract environment



To prevent Communicable & Non-Communicable Diseases



To provide specialised services



To conduct Research



To prepare health personnel.

Levels of Prevention

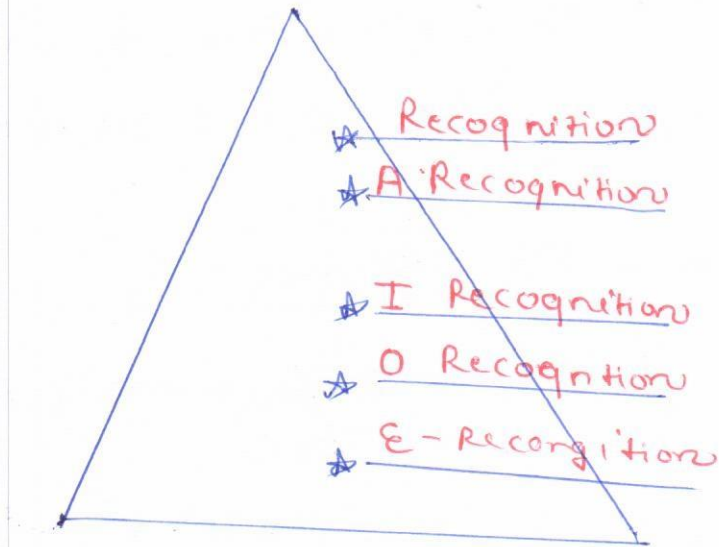
- ① Perinatal Prevention
- ② Primary Prevention
- ③ Secondary Prevention
- ④ Tertiary Prevention
- ⑤ Individual & Mass Education
- ⑥ Health Promotion
- ⑦ Specific protection
- ⑧ Early Diagnosis & Treatment
- ⑨ Disability Limitation
- ⑩ Rehabilitation.

Aims of Community Health Providers

- Reduction of Risk factors to Reduce Morbidity & Mortality Rate
- strengthening self care activities to promote the Health & to prevent the occurrence of Disease
- Maintaining the quality of life to live productive life.
- Improving Standard of living to protect the health against Disease.

Community Health Nursing

Based on RAIOE



Concept of Community Health Nursing

Concept are:-

- ① Community Health Nursing identifies the need for holistic care approach
- ② Community Health Nursing supports that the community based efforts & involvement are essential for the risk reduction.
- ③ It believe in overall development & well-being of individuals, families, communities & the Nation.

Objectives / scopes of community health nursing

- o To assess the needs & priorities of vulnerable group like pregnant women, children & old-age person.

- o To make community diagnosis

- o To evaluate the health programmes & make further plans.

- o To prevent disabilities & providing rehabilitation services

services

- o To provide referral services at various health care levels.
- o To increase life expectancy.

Scope :-

- 1) Poor areas & slums etc.

- 2) Special clinics

- 3) Mobile camps

- 4) Health centres

- 5) Schools

- 6) Industrial organizations

- 7) Outdoor patient departments of Big Hospitals.

⑧ Fairs & other places of social functions / gathering.

Principles

- o Health services should be based on the needs of individuals & the community.
- o Family should be recognized as a unit of the health services should be provided to its members.
- o Community Health Nursing should be provided continuously without any interruption.
- o Preparation & maintenance of records & reports is very important in community health nursing.

Community Health Nursing Approaches

- ① Persuasive Approach
- ↓
- ② Enforcement
- ↓
- ③ Team Approach
- ↓
- ④ Community Involvement
- ↓
- ⑤ Inter-sectoral Approach

Health Behaviour, Beliefs & Cultural Practices

of community

Culture: Culture is complex word, which includes knowledge, beliefs, art, morals, laws, custom, & any other capabilities & habits acquired by man as a member of a society.

Custom: A custom is a cultural idea that describes a regular, patterned way of behaving that is considered characteristic of life in a social system.

Cultural Factor Affecting Health

Social Customs & Health

① Child Marriage, prohibition of widow remarriage, human sacrifice, untouchability, polygamy, etc.

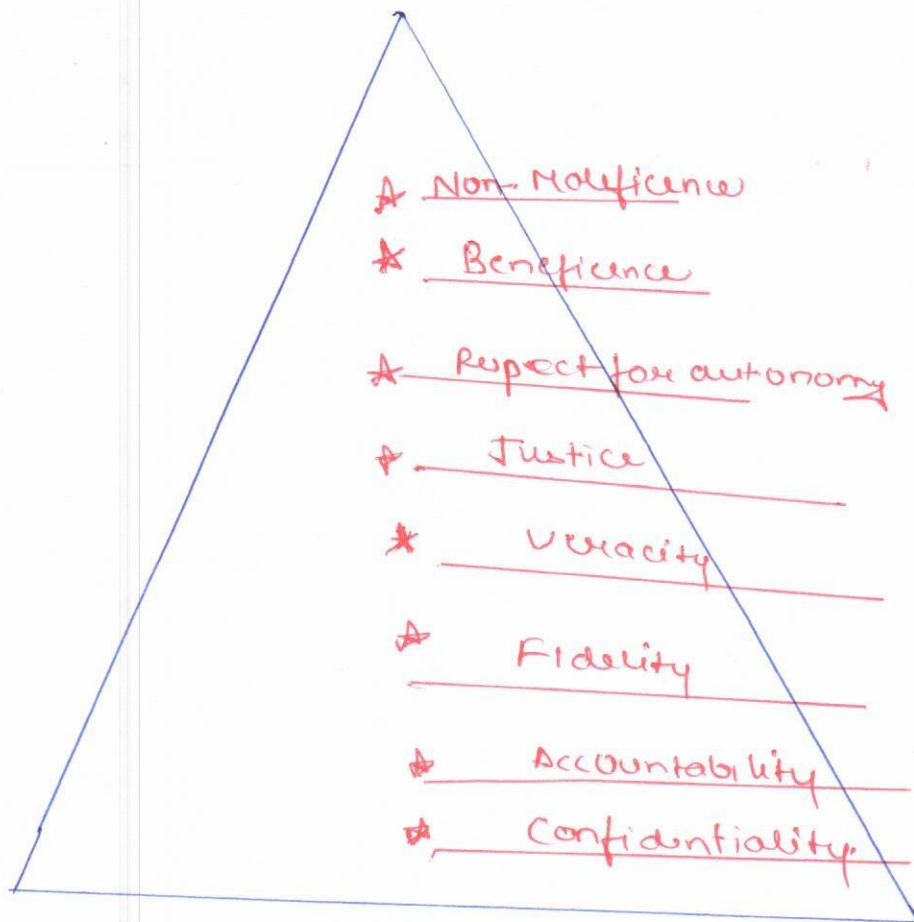
Beliefs Related to Health & Diseases

Many people believe that Diseases are the result of anger of gods or our Bad Deeds.
Diseases such as chicken pox & measles are thought to be due to disturbance of Shakti or deities.

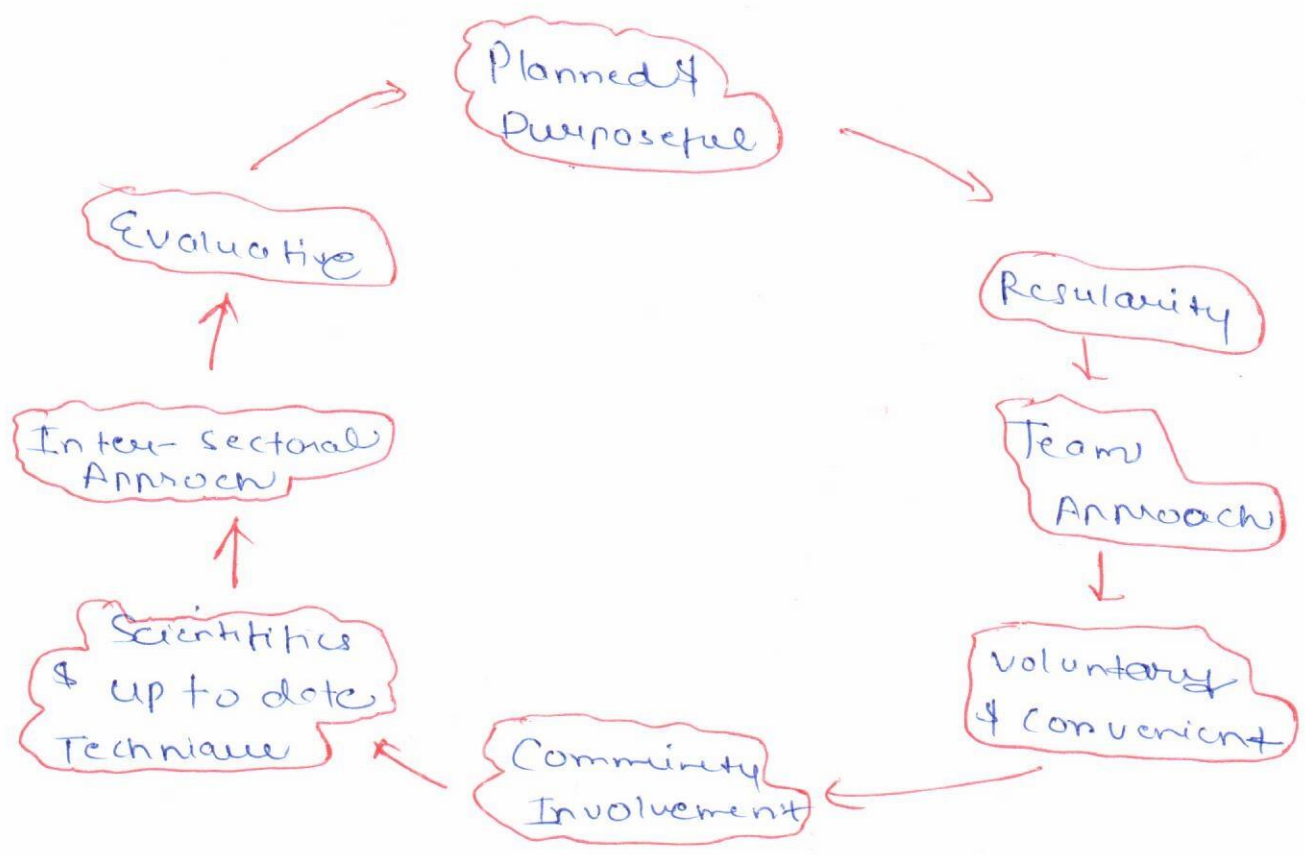
Customs Related To Marriage

- ① Child Marriage
- ② Consanguineous Marriage
- ③ Polygamy

Principles of Ethics



Principles of Home Visiting



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