

Child Health Nursing

Assignment

ANM - 1st Year

(ANM 1st Year).

AKANSHA INSTITUTE OF NURSING  
RZ-C-117, GOPAL NAGAR  
NAJAFGARH, NEW DELHI-110043

Ques 1) Define the following:

- i) Growth
- ii) Development
- iii) Milestones
- iv) Infantometer
- v) Breast feeding
- vi) Diarrhoea
- vii) Marasmus
- viii) Adolescence
- ix) Menstruation
- x) weaning
- xi) Baby Friendly Hospital
- xii) child abuse
- xiii) Female foeticide
- xiv) Acute respiratory tract infections
- xv) Dysentary
- xvi) kwashiorkor
- xvii) Puberty
- xviii) Dysmenorrhoea.

Ques 2) Explain the phases of menstruation

Ques 3) Write the role of female health worker in maintaining menstrual health

Ques 4) What are the characteristics of adolescence?

Ques 5) Explain the sex differences in general growth patterns.

Ques 6) a) Define sex education

b) Explain the role of health worker in providing sex education

ques 7) what are the objectives of school health services?

ques 8) Difference between Marasmus & kwashiorkor

ques 9) a) Define Marasmic kwashiorkor

b) what are the causes of protein energy malnutrition

ques 10) Explain the signs & symptoms & clinical manifestation of Acute respiratory tract infection.

ques 11) write the management of following:

a) vomiting

b) Diarrhoea

ques 12) ~~write~~ Explain rights of children.

ques 13) what all are the policies against child labour in India?

ques 14) Explain advantages of breast feeding

ques 15) Explain types of breast milk

ques 16) what are signs of good attachment of baby on mother's breast?

ques 17) Explain complementary feeding at different ages.

ques 18) Explain the stages of growth & Development

ques 19) what are the principles of growth & development

ques 20) Explain growth & Development in

a) 1st month

c) 3rd Month

b) 2nd Month

d) 4th Month

- e) 5th month
- f) 6th month
- g) 9 month
- h) 10 months

- i) 7th month
- j) 8th month
- k) 11th Month

Ques 21) Explain mile stones of toddler.

- Ques 22) Explain mile stones of
- a) Pre schooler
  - b) schooler
  - c) adolescence

- Ques 23) a) Define antropometric measurement
- b) Explain the procedure for antropometry

Ques 24) what are the purpose & problems during toilet training

Ques 25) what are play material for different age group?

- Ques 26) a) Define spina bifida
- b) Explain types of spina bifida

- Ques 27) a) umbilical hernia
- b) Explain sign & symptom & treatment

- Ques 28) a) Define cleft lip & cleft palate
- b) what is speech therapy

Ques 29) a) Difference between hypospadias & Epispadias

Ques 30) ~~but what~~ what are signs & symptoms of club foot?

AKANSHA INSTITUTE OF NURSING  
RZ-C-117, GOPA NAGAR  
NAJAFGARH, NEW DELHI-110083